



FEELING IN MY BONES

Choreographer : Marianne Langagne Fr (11.09.2020)
Counts : 48 Counts – No Tag – No Restart
Walls : 4 Walls
Level : Improver
Music : In My Bones by Ray Dalton
Intro : 16 Counts
Final : At counts 47 – 48 : ½ Turn R-RF FWD, Touch to end the dance at 12 p.m.

1 - 8 ½ TURN R, TRIPLE BACK , ROCK BACK , TRIPLE BACK ON ½ TURN R.

1 – 2 RF FWD, LF Back on ½ Turn R (6a.m)
3 & 4 RF Back, Together, RF Back
5 – 6 LF Back, Recover
7 & 8 LF Back on ½ Turn R, Together, LF Back (12 p.m)

9 – 16 TOGETHER, STEP, POINT, CROSS, POINT, KICK BALL TOUCH, SWITCH, TOUCH, POINT, TOGETHER

&1-2 Together, LF FWD, R Point to the R
3 – 4 Cross RF Over LF, L Point to the L
5 & 6 Kick L FWD, Together, Touch R next to LF
&7&8 R Ball next to LF, Touch L next to RF, L Ball next to RF, R point to the R
& Together (weight on RF)

17 – 24 CROSS, ½ TURN L., SIDE SHUFFLE L., CROSS ROCK, SHUFFLE ON ¼ TURN R.

1 – 2 Cross LF over RF, RF back on ¼ turn L (9a.m)
3 & 4 LF to the L on ¼ Turn L (6a.m), Together, LF to the L
5 – 6 Cross RF over LF, Recover
7 & 8 ¼ Turn R-RF FWD, Together, RF FWD (9a.m)

25 – 32 WALK L – R, L. ANCHOR STEP, BACK R – L, TOGETHER, LARGE STEP FWD , SWEEP

1 – 2 LF FWD, RF FWD
3 & 4 LF Behind RF, weight on RF, Weight on LF
5 – 6 RF Back, LF Back
&7-8 Together, Large Step LF FWD, Sweep RF BWD to FWD

33 - 40 HEEL TAP, HEEL FAN, HITCH , SAILOR STEP, BEHIND SIDE STEP, STEP ½ TURN L.

1 & 2 Tape R Heel on floor, R Heel Outside, Return
&3&4 Hitch R, Cross RF behind LF, LF to the L, RF to the R
5 & 6 Cross LF Behind RF, RF to the R, LF FWD
7 – 8 RF FWD, ½ Turn L (weight on LF) (3a.m)

41 - 48 LARGE STEP FWD, SWEEP R - L, ROCKING CHAIR

1 – 2 Large Step RF FWD, Sweep LF BWD to FWD
3 – 4 Large Step LF FWD, Sweep RF BWD to FWD
5 – 6 RF FWD, Recover
7 – 8 RF BWD, Recover

ENJOY !!!

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