



HEEL OVER HEAD



Choreographers : Marianne Langagne (Fr) & Frédéric Fassiaux (Fr) (18.01.2024)
Walls : 4 Walls
Counts : 64 Counts – 2 Restarts (3rd & 6th Walls)
Level : Improver/Intermediate
Music : Heels Over Head – Carly Pearce (147 Bpm)
Intro : 32 Counts

Sequences : **64 – 64 – 16R – 64 – 64 – 32R – 64 – 48 (Final)**

S1 SIDE, L POINT FWD, SIDE, R POINT FWD, R POINT TO R ,HOOK BACK, R POINT TO R ,TOUCH

1-2-3-4 RF to the R, L Point Fwd, LF to the L, R Point Fwd
5-6-7-8 R Point to the R, Cross RF behind L Leg, R Point to the R, Touch RF next to LF

S2 SIDE, TOGETHER, STEP FWD ,TOUCH, BACK RUN, HOOK

1-2-3-4 RF to the R, Together (weight on LF), RF Fwd, Touch LF next to RF
5-6-7-8 LF Back, RF Back, LF Back, Cross RF over L Leg - **RESTART 1 (facing 6:00) at 3rd Wall**

S3 DIAGONALLY STEP, TOUCH BEHIND, DIAGONALLY BACK, HOOK, DIAGONALLY STEP LOCK STEP, SCUFF

1-2-3-4 RF Diagonally Fwd R, Touch LF Behind RF, LF Diagonally Back L, Cross RF Over L Leg
5-6-7-8 RF Diagonally Fwd R, Cross LF behind RF, RF Diagonally Fwd R, Scuff LF

S4 VINE ¼ TURN L , SCUFF, CROSS TOE STRUT, BACK TOE STRUT

1-2-3-4 LF to the L, Cross RF Behind LF, ¼ **Turn L** – LF Fwd (9:00) , Scuff RF
5-6-7-8 Cross R Point Over LF, Heel Down, L Point Back, Heel Down - **RESTART 2 (Facing 9:00) at 6th Wall**

S5 R POINT TO R, TOUCH , R POINT TO R, ¼ TURN HOOK, STEP LOCK STEP, SCUFF

1-2-3-4 R Point to the R, Touch R next to LF, R Point to the R, ¼ **Turn R** – Cross RF over L Leg (12:00)
5-6-7-8 RF Fwd, Cross LF behind RF, RF Fwd, Scuff

S6 CROSS, BACK ,BACK, CROSS, BACK, ¼ TURN R- OUT OUT , TOUCH

1-2-3-4 Cross LF Over RF, RF Back, LF Back, Cross RF over LF
5-6-7-8 LF Back, ¼ **Turn R** – RF to the R (3:00) , LF to the L, Touch RF next to LF

S7 ROLLING VINE, TOUCH, VINE TO L, SCUFF

1-2-3-4 ¼ **Turn R** – RF Fwd, ½ **Turn R** - LF Back, ¼ **Turn R** - RF to the R, Touch LF next to RF
5-6-7-8 LF to the L, Cross RF Behind LF, LF to the L, Scuff (3:00)

S8 ROCKING CHAIR, STEP ½ TURN, L FULL TURN *

1-2-3-4 RF Fwd, Recover on LF, RF Back, Recover on LF
5-6-7-8 RF Fwd, ½ **Turn L**, ½ **Turn L** – RF Back, ½ **Turn L** – LF Fwd (9:00) * *Option : Stomp RF Fwd , Stomp LF Fwd*

Final: To finish at 12:00 Replace the Rolling Vine, with ¼ **Turn to the R - Full Turn** .

Dansez & Amusez-vous !!!!

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