



OH, LONESOME ME

Choreographers : Marianne Langagne (Fr) & Isabelle Outters (Fr) (25.08.2024)

Walls : 2 Walls

Counts : Contra – 32 Counts – No Tag – No Restart

Level : Improver

Musics : Oh Lonesome Me – Tanya Tucker (104 BPM)
: East Bound and Down – Jerry Reed (122 BPM)

Intro : 8 Counts – Start on the lyrics for « Oh Lonesome Me »
: 16 Counts for « East Bound and Down »

Dance specially written for a demonstration

• *The dancers stand face to face in a staggered pattern*

1 à 8 TAP R HEEL TWICE, BEHIND SIDE CROSS, TAP L HEEL TWICE, BEHIND SIDE CROSS

1 – 2 Tap Heel R X 2 Slightly Diagonally Towards R
3 & 4 Cross RF behind LF, LF to the L, Cross RF over LF
5 – 6 Tap Heel L X 2 Slightly Diagonally Towards L
7 & 8 Cross LF behind RF, RF to the R, Cross LF over RF

9 à 16 TRIPLE STEP FWD, TRIPLE STEP FWD, STEP ½ TURN L TWICE

1 & 2 RF Fwd, Together, RF Fwd
3 & 4 LF Fwd, Together, LF Fwd
5 – 6 RF Fwd, ½ Turn L (weight on LF) (6.00)
7 – 8 RF Fwd, ½ Turn L (weight on L F) (12.00)

17 à 24 KICK BALL STEP TWICE, STEP ½ TURN L, STOMP, CLAP TWICE

1 & 2 Kick RF, Together, LF Fwd
3 & 4 Kick RF, Together, LF Fwd
5 – 6 RF Fwd, ½ Turn L (weight on LF) (6.00)
7 & 8 Stomp RF next to LF, Clap X 2 by switching to LF support

25 à 32 VAUDEVILLE, HEEL SWITCHES & BRUSH, HITCH, STOMP UP

1 & 2 & Cross RF Over LF, LF to the L, Heel R Diagonally Towards R, Together
3 & 4 & Cross LF over RF, RF to the R, Heel L Diagonally Towards L, Together
5 & 6 Heel R Fwd, Together, Heel L Fwd
& 7 LF Fwd, Brush
& 8 Hitch R, Stomp up RF next to LF

Dance and Have Fun !!!!