

RISE

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Choreographer : Marianne LANGAGNE (07/2019)
Counts : 32 counts – 3 Restarts (**2nd wall** (3o'clock) – **5th wall** (9o'clock) – **9th wall** (9o'clock))
Walls : 4 walls
Level : Novice
Music : RISE by Caroline JONES
Intro : 16 counts

1 – 8 TAP, KICK, COASTER STEP, ROCK FWD, BACK TRIPLE

1 – 2 Tap R Ball, Kick RF FWD
3 & 4 RF back , together, RF FWD
5 – 6 LF FWD, recover on RF
7 & 8 LF back , together, LF back

9 – 16 TWIST TURN ½, SIDE ROCK CROSS WITH R ¼ TURN, POINT ON R SIDE – FWD – R SIDE

1 – 2 R Ball behind LF, **Right ½ turn** (weight on RF) 6 o'clock (**Restart –2 and 3** but after ½ turn weight on LF)
3 – 4 LF FWD, **R ¼ turn** – recover on RF 9 o'clock
5 – 6 Cross LF over RF, R point to the Right
7 – 8 R point FWD, R point to the right (**Restart 1**)

17 – 24 ROCK BACK, SIDE TRIPLE, ROCK BACK, STEP FWD, R ½ TURN

1 – 2 RF back, recover on LF
3 & 4 RF to the right , LF next to RF, RF to the right
5 – 6 LF back, recover on RF
7 – 8 LF FWD, R ½ turn (weight on RF) 3o'clock

25 – 32 FULL TURN, WALK L-R, TRIPLE FWD, BOUNCES WITH R ¼ TURN

1 – 2 **R ½ turn** – LF back, **R ½ turn** – RF FWD
3 – 4 Walk L, Walk R
5 & 6 LF FWD , together, LF FWD
7 – 8 2 Bounces with ¼ turn R (weight on LF)

HAVE FUN !!!